

Physical and Postural Demands for General Maintenance Worker

- Ability to lift, push, pull, and carry up to 100 pounds (*above the POSHA requirements/maximums?*)
- Appropriate manual dexterity for the use of a variety of hand tools and power tools to complete assigned tasks.
- Ability to squat/bend down to floor height for lifting of objects or to perform tasks
- Ability to reach overhead in performance of completing assigned work orders
- Ability to stand for a long period of time on a daily basis
- Ability to walk on a frequent basis around the schools
- Ability to walk in areas of wet or uneven terrain in performance of assigned tasks
- Ability to balance unilaterally while reaching to perform assigned duties
- Ability to maintain ones balance when using ladders to access ceilings or roofs

Physical and Postural Demands for Bus Driver/Aide

- Ability to lift, push, pull, and carry up to 50 pounds
- Appropriate manual dexterity for the use of bus controls to drive and control wheelchair lifts as well as manual dexterity to secure seatbelts and/or wheelchairs
- Ability to sit for prolonged period of time on a frequent to occasional basis
- Ability to stand and walk on an occasional basis as required by the duties assigned
- Ability to squat on an occasional to frequent basis when checking vehicle exterior, checking under seats or securing wheelchairs
- Ability to climb stairs to enter/exit bus
- Ability to egress bus from wheelchair or rear emergency exit if necessary
- Ability to perform immediate reaching tasks to drive bus as well as extended reach to open/close door
- Ability to reach overhead to vehicle ceiling to check roof based emergency exits (between 77 and 81 inches above floor height)

Physical and Postural Demands for Carpenters

- Ability to lift, push, pull, and carry up to 100 pounds
- Appropriate manual dexterity for the use of a variety of hand tools and power tools to complete assigned tasks.
- Ability to squat/bend down to floor height for lifting of objects or to perform tasks
- Ability to reach overhead in performance of tasks
- Ability to stand on a frequent basis
- Ability to walk on a frequent basis
- Ability to walk in areas of wet or uneven terrain in performance of assigned tasks
- Ability to balance unilaterally while reaching
- Ability to balance when using ladders to access ceilings or roofs
- Ability to handle and control power tools as required by the specific job to be performed

Physical and Postural Demands for Custodians

- Ability to lift, push, pull, and carry up to 65 pounds
- Appropriate manual dexterity for the use of a variety of hand tools and power tools to complete assigned tasks.
- Ability to squat/bend down to floor height for lifting of objects or to perform tasks
- Ability to reach overhead in performance of tasks
- Ability to stand on a frequent basis
- Ability to walk on a frequent basis
- Ability to walk in areas of wet or uneven terrain in performance of assigned tasks
- Ability to balance unilaterally while reaching overhead
- Ability to balance when using ladders to access lights, windows, ceilings or roofs

Physical and Postural Demands for Electricians

- Ability to lift, push, pull, and carry up to 65 pounds
- Appropriate manual dexterity for the use of a variety of hand tools and power tools to complete assigned tasks.
- Ability to squat/bend down to floor height for lifting of objects or to perform tasks
- Ability to reach overhead in performance of tasks
- Ability to stand on a frequent basis
- Ability to walk on a frequent basis
- Ability to walk in areas of wet or uneven terrain in performance of assigned tasks
- Ability to balance unilaterally while reaching
- Ability to balance when using ladders to access lights, windows, ceilings or roofs
- Ability to safely work around electrical power and understand emergency shut off process

Physical and Postural Demands for HVAC Technicians

- Ability to lift, push, pull, and carry up to 100 pounds
- Appropriate manual dexterity for the use of a variety of hand tools and power tools to complete assigned tasks.
- Ability to squat/bend down to floor height for lifting of objects or to perform tasks
- Ability to reach overhead in performance of tasks
- Ability to stand on a frequent basis
- Ability to walk on a frequent basis
- Ability to walk in areas of wet or uneven terrain in performance of assigned tasks
- Ability to balance unilaterally while reaching
- Ability to balance when using ladders to access lights, windows, ceilings or roofs

Physical and Postural Demands for Plumbers

- Ability to lift, push, pull, and carry up to 75 pounds
- Appropriate manual dexterity for the use of a variety of hand tools and power tools to complete assigned tasks.
- Ability to squat/bend down to floor height for lifting of objects or to perform tasks
- Ability to reach overhead in performance of tasks
- Ability to stand on a frequent basis
- Ability to walk on a frequent basis
- Ability to walk in areas of wet or uneven terrain in performance of assigned tasks
- Ability to balance unilaterally while reaching
- Ability to balance when using ladders to access ceilings or roofs