

TO: PARENTS, GUARDIANS & FAMILIES

ESCNJ PARENT SUPPORT PROGRAM

Managing Challenging Behavior in the Home and in the Community

Where: Zoom/Virtual

Date: Wednesday, October 12, 2022

Time: 6:30 - 8:00 pm

Parenting a child with developmental delays can be incredibly challenging and rewarding simultaneously. Yet, during these uncertain and difficult times associated with COVID-19, supporting your child requires increased planning, support, compassion for oneself and others, and continued collaboration with school personnel. It is also important for parents to understand and manage their own stress and burnout. In this webinar, Dr. Selbst will address these topics and provide guidance to parents and guardians.

Presenter:

**Michael C. Selbst, Ph.D., BCBA-D
Behavior Therapy Associates**

**RSVP BY: Friday, October 7 to Kellie Loss
at kloss@escnj.us to receive a Zoom link.**

(Please include the student's full name and school)

