

CE Event for BCBA's

Acceptance and Commitment Therapy

I Might Be Right, But If I Am, Does That Even Matter?

Date: November 17, 2021 • Time: 1:00 - 3:00 pm



Being right, looking good, not being wrong, not looking bad – how often do you catch yourself interacting with others in these ways?

If you are like most people, behaving in one or more of these ways is natural. But is it effective?

The labels we relate to ourselves in particular contexts may become discriminative for behavior that has avoided being punished in the past. This webinar will outline the approach to self-knowledge, describe the pitfalls that await those who rely upon self-labels and offer a few exercises to use when you catch yourself trying too hard to look good and not be wrong.

Where: Virtual

Credits: 2.0 BACB CEUs

Cost: FREE

Presenter: Thomas G. Szabo, PhD., BCBA-D

*ACBS Lead Listserv Moderator

*Second Chair - *Commit & Act International*

*Assistant Professor - *Touro University, Nevada*

*Director of Family Guidance - *Autism Care West*



To Register: [**CLICK HERE!**](#)

Please include your BACB Certificate Number if you would like to collect CEUs.
For more information contact: Meena Pasupathy at mpasupathy@escnj.us

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